



# System of Care

## Self-Directed Respite Funding

### WHAT

We recognize that parenting a child or youth with mental health needs can be challenging emotionally, financially and physically. Self-directed respite care funding puts the family in charge of their own care and allows the family to choose a person or agency that they trust to provide care for their child or youth. Respite gives parents temporary relief from the demands of raising a child or youth with mental health needs.

### WHO

Respite funding is available to families of children and youth ages 3-21 who are being served by:

- Wraparound in Nevada
- Mobile Crisis Response Team-Intensive Step-down Program
- Rural Mobile Crisis Response Team
- Rural Clinics
- Tribal Health Clinics.

### HOW

Families can request respite funding through their child or youth's mental health provider. The provider will submit the application and once reviewed by the System of Care, the family will receive notification and next steps. For more information please contact the System of Care Grant team at [SOC@dcfs.nv.gov](mailto:SOC@dcfs.nv.gov) or (775) 432-4055.

Respite funds are grant-funded and are distributed on a first-come, first-served basis