

Elko Institute for Academic Achievement

COVID -19 Mitigations Plan Based on Emergency Directive 052

Mitigation Strategies

Promoting Vaccination

Elko Institute encourages our families to seek medical advice and support from their family Doctor. If a family does not have access to a family Doctor, EIAA has teamed up with Nevada Health Centers to provide our families with a mobile clinic here at school. EIAA has provided time and substitutes for staff members to become vaccinated.

Cleaning and Ventilation

EIAA will continue to sanitize the school and maintain ventilation levels in accordance with the EIAA plan for a safe, Efficient, and Equitable Return to the 20-21 school year.

Hand Washing and Respiratory Etiquette

EIAA will practice handwashing and respiratory etiquette by teaching students how to properly do so, reminding them to do so, and posting illustrations of the proper etiquette in relevant locations (i.e. bathrooms).

Physical Distancing and Cohorting

EIAA will maintain 3 feet of social distancing to the best of their ability. Students will arrive to school at staggered times. As students arrive their temperature will be checked. Once temperature is checked students will proceed to washing their hands. If student is running a temp, parent will be notified to pick up their student. Students will eat lunch in their classrooms. Recess will be limited to Cohorts of students maintaining consistency from recess to recess. This will minimize contact tracing efforts as well as minimize the number of students needing to quarantine should a positive case occur.

STAY Home When Sick

Students, teachers, and staff who have symptoms of infectious illness, such as influenza or COVID-19 should stay home. Staying home when sick is essential to keep COVID-19 infections out of the school and prevent spread. EIAA has educated staff and families about when they and their children should stay home and when they should return to school.

Exclusion Criteria

Exclusion criteria is based on DHHS guidelines dated 2/17/22 (page8) and will be updated in the event DHHS does so.

Face Coverings

EIAA will be declaring outbreaks and implementing mitigation measures as outlined later in the document.

EIAA is implementing shortened isolation and quarantine protocols and as such will use the additional five days of masking after 5 days of isolation or quarantine as detailed below under quarantine and isolation protocols.

EIAA does not provide transportation to and from school. As such, face coverings rules applicable to bussing and transportation are not relevant to the school.

Isolation

Isolation is separating people who have COVID-19 from those who are not infected or showing symptoms to prevent transmission of COVID-19. Individuals who have confirmed COVID-19 should isolate.

Students, teachers, and staff who test positive for COVID-19 and never develop symptoms should isolate for at least 5 days. Day 0 is the day of the positive viral test (based on the date of testing) and day 1 is the first full day after the specimen was collected for the positive test.

- If they continue to have no symptoms, they can end isolation after at least 5 days.
- They should continue to wear a [well-fitting mask](#) around others at home and in public until day 10 (day 6 through day 10). If they are unable to wear a mask when around others, they should continue to isolate for 10 days.
- Avoid people who are [immunocompromised or at high risk for severe disease](#), and nursing homes and other high-risk settings, until after at least 10 days.

- If they develop [symptoms](#) after testing positive, the 5-day isolation period should start over. Day 0 is the first day of symptoms. Follow the recommendations above for [ending isolation for people who had COVID-19 and had symptoms](#).
- Please visit CDC's [COVID-19 Quarantine and Isolation](#) page for more specific guidance on isolation outside of the K-12 setting.

People who have COVID-19 and have or had [symptoms](#) should isolate for at least 5 days. To calculate the 5-day isolation period, day 0 is the first day of symptoms. Day 1 is the first full day after their symptoms developed.

- They can end isolation after 5 full days if they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).
- They should continue to wear a [well-fitting mask](#) around others at home and in public for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period. If they are unable to wear a mask when around others, they should continue to isolate for 10 days.
- Avoid people who are [immunocompromised or at high risk for severe disease](#), and nursing homes and other high-risk settings, until after at least 10 days.
- If they continue to have fever or other symptoms have not improved after 5 days of isolation, they should wait to end isolation until they are fever-free for 24 hours without the use of fever-reducing medication and their other symptoms have improved. They should continue to wear a well-fitting mask and contact their healthcare provider with questions.
- Please visit CDC's [COVID-19 Quarantine and Isolation](#) page for more specific guidance on isolation outside of the K-12 setting.

People with [symptoms](#) of COVID-19, including people who are awaiting test results or have not been tested should isolate in accordance with the CDC guidance above.

Household Contacts

Household contacts have *ongoing* exposure, meaning they will be repeatedly exposed until that person is no longer able to spread the virus to other people. Household contacts should quarantine for 5 days after the release of the positive patient and should wear a well fitting mask through day 10.

Quarantine

A close contact on the school site is defined as someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period. An infected person can spread SARS-CoV-2 starting from 2 days before they have symptoms until they meet the criteria for discontinuing home isolation.

Quarantine is a strategy used to prevent transmission of SARS-CoV-2, the virus that causes COVID-19, by keeping people who have been in [close contact](#) with someone with COVID-19 apart from others. Individuals who are not vaccinated, are under vaccinated, or do not have temporary 90-day immunity should quarantine according to CDC guidance as follows:

- Stay home and away from other people for at least 5 days (day 0 through day 5) after their last close contact with a person who has COVID-19. The date of exposure is considered day 0. Wear a [well-fitting mask](#) when around others at home, if possible.
- For 10 days after their last close contact to someone with COVID-19, watch for fever (100.4°F or greater), cough, shortness of breath, or other [COVID-19 symptoms](#).
- If they develop symptoms, [get tested](#) immediately and isolate until they receive their test results. If they test positive, follow [isolation](#) procedures.
- If they do not develop symptoms, [get tested](#) at least 5 days after they last had close contact with someone with COVID-19.
 - If they test negative, they can leave home, but continue to wear a [well-fitting mask](#) when around others at home and in public until 10 days after their last close contact with someone with COVID-19.
 - If they test positive, they should isolate for at least 5 days from the date of their positive test (if they do not have symptoms). If they do develop [COVID-19 symptoms](#), isolate for at least 5 days from the date their symptoms began (the date the symptoms started is day 0). Follow recommendations in the [isolation](#) section.
 - If they are unable to get a test 5 days after their last close contact with someone with COVID-19, they can leave their home after day 5 if they have been without [COVID-19 symptoms](#) throughout the 5-day period. Wear a [well-fitting mask](#) for 10 days after the date of last close contact when around others at home and in public.
 - Avoid people who are [immunocompromised or at high risk for severe disease](#), and nursing homes and other high-risk settings, until after at least 10 days.

- If possible, stay away from people they live with, especially people who are at [higher risk](#) for getting very sick from COVID-19, as well as others outside their home throughout the full 10 days after their last close contact with someone with COVID-19.
- If they are unable to quarantine, they should wear a [well-fitting mask](#) for 10 days when around others at home and in public.
- If they are unable to wear a mask when around others, they should continue to quarantine for 10 days.
- Avoid people who are [immunocompromised or at high risk for severe disease](#), and nursing homes and other high-risk settings, until after at least 10 days.

Testing Program

EIAA does not have any onsite testing but supports families in working with local Dr. and health officials to obtain needed testing. Free at-home COVID-19 tests can be ordered at <https://nvhealthresponse.nv.gov/find-covid-19-testing-in-nevada/>. Testing can be done within Dr. Offices, Urgent Cares, and additional updated sites can be found [https://www.nvcovidfighter.org/event-list?field_event_category_target_id=All&field_select_city_target_id\[\]=92&field_select_age_group_target_id=All&items_per_page=12](https://www.nvcovidfighter.org/event-list?field_event_category_target_id=All&field_select_city_target_id[]=92&field_select_age_group_target_id=All&items_per_page=12)

EIAA does not have a high school or athletic teams that compete with outside students.

EIAA will report when we become aware of a person with a communicable disease per NAC441A.245.

Detecting Future Outbreaks

EIAA will use the outbreak definition provided by the Nevada Department of Health and Human Services “School Related Cluster and Outbreak Reporting”. CSTE Definitions include:

- Cluster- A k-12 school associated cluster is defined as an education institution that has been found by their local health department to have:
 - Multiple cases comprising at least 10% of students, teachers, or staff, within a specified core group OR
 - At least 3 cases within a specified core group meeting criteria for a probable or confirmed school associated COVID-19 case with symptoms onset or positive test results within 14 days of each other, AND no likely known epidemiologic link to a case outside of the school setting.
- Outbreak- A K-12 outbreak is defined as an educational institution that has been found by school leadership or the local health department to have
 - Multiple cases comprising at least 10% of the students or staff within a specified core group OR
 - At least three cases within a specified core group meeting criteria for a probable or confirmed school associated COVID-19 case with symptom onset or positive test result

within 14 days of each other; who were not identified as close contacts of each other in another setting outside of the school; AND

- Epidemiologically linked in the school setting or a school-sanctioned co-curricular activity.

EIAA has a robust tracking system which tracks all symptomatic students, all testing results, as well as core groups of students. By tracking core student groups school administration, in consultation with the school nurse will monitor for outbreaks based on the above definitions. The school administration, in consultation with the school nurse will declare outbreaks when those definitions have been met.

Outbreak Monitoring

Upon outbreak declaration an email, be sent to the SPCSA, DHHS, and the families, staff, and board of EIAA. The email will include the required outbreak mitigation measures:

- Universal masking
- Quarantine and Isolation according to CDC guidelines and outlined in this plan
- To the best of the school ability maintain 3-foot social distancing
- Weekly testing for co-curricular activities
- Cleaning and disinfecting, hand-washing and respiratory etiquette, and improved ventilation as defined in this plan.

Outbreak Closure

It typically takes at least one incubation period of 14 days for the impact of implemented mitigation measures to be reflected in the case data. To declare an outbreak over the school administration, in consultation with the school nurse, will monitor weekly for a consistent and sustained reduction in disease transmission over at least 2 incubation periods (28 days). Declaring the outbreak closures is based on case data and other contextual information. Once an outbreak is declared over, an email notification will be sent to all key stakeholders.