

COVID-19 TREATMENT: SENIOR AND IMMUNOCOMPROMISED POPULATIONS

Those over 65 and those who are immunocompromised are at risk for severe COVID-19. This means if they contract COVID-19, they are more likely than others to get **very ill, require hospitalization, or die.**

Risk factors that increase COVID-19 risk:

- 65 years or older
- Obesity (BMI greater than 30)
- Chronic Kidney Disease
- Diabetes
- Neurodevelopmental Disorders
- Reliance on medical devices
- Severe Obesity (BMI greater than 40)
- Pregnancy
- Hypertension
- Sickle cell disease
- Chronic Lung Disease
- Cardiovascular disease

How to protect yourself:

- If you experience symptoms, get tested for COVID-19.
- If you test positive for COVID-19, speak to a healthcare provider immediately about COVID-19 treatment options.
- Seek medical care as soon as you suspect you are experiencing COVID-19 symptoms.
- Do not visit the emergency room with mild symptoms or to seek testing.

COVID-19 treatment:

- Authorized treatments include monoclonal antibody treatment and oral anti-viral pills.
- Seek treatment as early as possible. Treatment is most effective within five to ten days, depending on treatment type.
- Treatment must be approved and prescribed by a doctor. It is important to speak with your doctor or pharmacist about other medications you are taking.
- To learn more, visit the [NVHR website](https://www.nvhealthresponse.gov).



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