



## NEVADA'S RECOMMENDATIONS FOR CELEBRATING THE HOLIDAYS

Holiday traditions are important for families and children. There are several ways to enjoy holiday traditions and protect your health. Because many generations tend to gather to celebrate holidays, vaccinated celebrations are the best way to minimize COVID-19 risk and keep your family and friends safe.

Vaccination is the leading public health prevention strategy to end the COVID-19 pandemic. Influenza vaccinations are also vital to preventing respiratory disease. Promoting vaccination can help Nevadans safely return to normal activities.

### HOLIDAY CELEBRATION RECOMMENDATIONS:

Holiday celebrations with vaccinated attendees can more safely bring multiple generations of family and friends together. Crowded in-door settings pose a greater risk to you and your loved ones if you are not vaccinated. By working together, we can enjoy safer holidays, travel, and protect the health of our family and friends. If you choose to participate in holiday celebrations, keep the following in mind:

- Get fully vaccinated to protect yourself and your loved ones and encourage attendees of holiday gatherings to be fully vaccinated.
- Obtain a booster vaccination as soon as you are eligible in order to maximize your immune response and protect yourself from COVID variants such as delta and omicron. Visit CDC's [vaccine booster](#) page for more information.
- When indoors with groups who are unvaccinated, maintain social distancing of at least 6 feet from anyone not within your household.
- If you are sick or have symptoms, do not host or attend a gathering.
- Wash your hands before eating and after contacting frequently touched surfaces.
- Adults remind children to follow COVID-19 safety precautions.
- If you are considering traveling for a holiday or event, visit CDC's [Travel](#) page to help you decide what is best for you and your family. CDC still recommends delaying travel until you are [fully vaccinated](#).
- Do NOT travel if...
  - You have been exposed to COVID-19, unless you are fully vaccinated or recovered from COVID-19 in the past 90 days.
  - You are sick.
  - Tested positive for COVID-19 and haven't ended isolation (even if you are fully vaccinated).
  - You are waiting for results of a COVID-19 test. If your test comes back positive while you are at your destination, you will need to isolate and postpone your return until it's safe for you to end isolation. Your travel companions may need to self-quarantine.
- If you are gathering with a group of people from multiple households and potentially from different parts of the country, you could consider additional precautions (e.g., avoiding crowded indoor spaces before travel, taking a test) in advance of gathering to further reduce risk.
- Consider using a self-test. Testing can give you information about your risk of spreading COVID-19.
  - A positive self-test result means that you have an infection and should avoid indoor gatherings to reduce the risk of spreading disease to someone else.
  - A negative self-test result means that you may not have an infection.



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- Repeating the test with at least 24 hours between tests will increase the confidence that you are not infected.
- Ask your healthcare provider if you need help interpreting your test results.

### GUIDELINES & BEST PRACTICES

- If you haven't been vaccinated yet, [find a vaccine](#). COVID-19 vaccines help protect you, your family, and the people around you.
- Outdoor gatherings are generally safer than indoor gatherings. Avoid crowded, poorly ventilated spaces.
- Consider using a self-test before joining indoor gatherings with others who are not in your household.
- Wear a well-fitting mask over your nose and mouth when in public indoor spaces or crowded gatherings. All individuals, regardless of vaccination status, must wear face coverings in public indoor spaces or while in crowded outdoor settings if you are in a county where a mask mandate is in place based on the [Current Status: Mitigation Measures page](#).
- Vaccinated Nevadans who are immunocompromised should continue to take all [precautions recommended for unvaccinated people](#), including wearing a well-fitted mask, until advised otherwise by their healthcare provider.

### STAY HOME & AVOID CONTACT WITH OTHERS IF:

- You have recently tested positive for COVID-19 and are currently in the isolation period.
- You are currently waiting on the results of a COVID-19 test.
- You are sick, have any respiratory infection symptoms, or have any COVID-19 symptoms.
- Any household member has COVID-19, is exhibiting respiratory infection symptoms, or any COVID-19 symptoms.
- You have been exposed to someone with COVID-19 and are currently in the quarantine period.
- You believe to have been recently exposed or come in contact with a COVID-19 case. Nevadans who are immunocompromised should receive an [additional primary shot](#) in addition to a booster shot.

### ACTIVITIES BY RISK LEVEL

#### Lower Risk Activities

Consider participating in these lower risk activities to celebrate the Holiday season.

- Holiday gatherings where all attendees are **fully vaccinated**.
- **Decorating your house**, apartment, or living space.
- Put together a **holiday themed scavenger hunt** with household members where children are given lists of Holiday-themed things to look for while they walk outdoors around their home admiring decorations at a distance.
- Having a **virtual holiday party**.
- Set up a **virtual holiday movie night** and simultaneously watch with friends from your own homes.



## Moderate Risk Activities

If you are going to engage in holiday activities with people from outside of your household, consider activities outside.

- Hold meals and activities with neighbors, friends, and family outdoors.
- Organize a **small group, open-air neighborhood holiday caroling event** with predetermined routes marked to maintain safe distances of at least 6 feet between participants.
- Visit an **open-air, one-way, walk-through holiday village** where people wear masks or people are able to maintain social distancing.

## Higher Risk Activities

The following higher risk activities may spread the virus that causes COVID-19:

- Going to an indoor event where people may be crowded together and singing.
- Attending crowded multi-generational, multi-family gatherings or parties held indoors.
- If you are **hosting or attending a gathering at a private residence**, please review CDC Guidance for Activities, Gatherings, and Holidays.

## GUIDANCE FOR EVENT PLANNERS

Crowded events in public spaces such as ice-skating rinks, photos with Santa, parades, holiday themed events, etc. must adhere to state and local public health measures in order to safeguard participants and consider preventive measures such as:

- Use timed reservations to limit formation of long lines and areas of congestion.
- Consider one-direction flow of participants with signs, directional arrows, and spacing indicators.
- Remind participants before arrival and onsite to stay home if sick, exposed, positive for COVID-19, or quarantined.
- Use signs to remind participants to use masks, maintain distance, and wash hands.
- Set up handwashing stations.
- Eliminate common-touch items and props.
- Consider exclusively outdoor spaces.
- Require COVID-19 face coverings/masks at all times, except when actively eating or drinking.

## WHAT TO DO IF YOU FEEL SICK OR MAY HAVE BEEN EXPOSED

If you participated in a holiday event and begin to feel sick or think you may have become exposed:

Unvaccinated Nevadans having close contact to someone with COVID-19 should:

1. Stay home for 14 days after your last contact with a person who has COVID-19.
2. Watch for fever (>100.4°F), cough, shortness of breath, or other symptoms of COVID-19 and contact your healthcare provider if symptoms appear.
3. If possible, stay away from people you live with, especially people who are at higher risk for getting very sick from COVID-19.

Vaccinated Nevadans having close contact to someone with COVID-19 should do the following:

1. [Wear a mask](#) indoors in public for 14 days following exposure or until a negative test result.
2. Get tested 5-7 days after [close contact](#) with someone with suspected or confirmed COVID-19.
3. Get tested and [isolate](#) immediately if experiencing [COVID-19 symptoms](#).



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### ADDITIONAL RESOURCES

- [Centers for Disease Control and Prevention: CDC Guidance for Activities, Gatherings, and Holidays](#)
- [Centers for Disease Control: Domestic Travel During COVID-19](#)