



**NEVADA
HEALTH
RESPONSE**

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Nevada Health Response issues recommendations on holiday activities

CARSON CITY, NV — Today, Nevada Health Response issued recommendations and guidance for celebrating the holidays. Celebrating the holidays is a tradition many Nevadans look forward to each year. With COVID-19 present in our state, it is important Nevadans do all we can to minimize the risk of catching or spreading the COVID-19 while having fun on these special days.

As Nevadans plan their holiday activities, consider and follow these guidelines and best practices.

Unvaccinated Nevadans having close contact to someone with COVID-19 should:

1. Stay home and quarantine for 14 days after your last contact with a person who has COVID-19.
2. Watch for fever ($> 100.4^{\circ}\text{F}$), cough, shortness of breath, or other symptoms of COVID-19 and contact your healthcare provider immediately if symptoms appear.
3. Maintain social distancing with people you live with, especially people who are at higher risk for getting very sick from COVID-19.

Vaccinated Nevadans having close contact to someone with COVID-19 should do the following:

1. [Wear a mask](#) indoors in public for 14 days following exposure or until a negative test result.
2. Get tested 5-7 days after [close contact](#) with someone with suspected or confirmed COVID-19.
3. Get tested and [isolate](#) immediately if experiencing [COVID-19 symptoms](#).

Vaccination is the leading public health strategy to end the COVID-19 pandemic. Influenza vaccinations are also vital to preventing respiratory disease. Promoting vaccination can help Nevadans safely return to normal activities. Got to COVIDFighter.org for more information.

The guidance is attached to this email.

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