



## Technical Bulletin



Date: March 27, 2020  
Topic: COVID-19 Message to Employers  
Contact: Melissa Peek-Bullock, State Epidemiologist, Office of Public Health Investigations and Epidemiology  
To: All Nevada Businesses and Industries

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In accordance with guidance from the Centers for Disease Control and Prevention (CDC), and the Nevada Governor's COVID-19 Medical Advisory Team (MAT), employers should not require a positive COVID-19 test result or a healthcare provider's note for employees who are sick to validate their illness, qualify for sick leave, or to return to work. Healthcare provider offices and medical facilities are extremely busy and not able to provide such documentation in a timely manner.

To prevent the spread of COVID-19 in the workplace, employers should actively encourage sick employees to stay home.

- Employees who have [symptoms](#) (i.e., fever, cough, or shortness of breath) should notify their supervisor and [stay home](#).
- Sick employees should follow [CDC recommended steps](#).
- Individuals with symptoms who are confirmed (or tested positive for COVID-19), and suspected cases who were directed to care for themselves at home, can discontinue home-isolation under the following conditions.
  - a. At least 3 days (72 hours) have passed since recovery - defined as resolution of fever without the use of fever-reducing medications and resolution of respiratory symptoms (e.g., cough, shortness of breath); AND,
  - b. At least 7 days have passed since symptoms first appeared.
- Employees should not return to work until the criteria to [discontinue home isolation](#) are met.

Additional information - for household members, intimate partners, and caregivers of a self-isolated COVID-19 case to help prevent the infection from spreading to household member and the community are available at <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>.

- Employees who are well but who have a sick family member at home with COVID-19 should notify their supervisor and follow.

[Click here for the full Interim Guidance for Businesses and Employers from the CDC.](#)

**For More Information:** Please contact DPBH M-F 8:00 AM to 5:00 PM at (775) 684-5911. The after-hours line can be contacted at (775) 400-0333.

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