



The CDC has developed a [checklist](#) on how to prepare and plan during the COVID-19 emergency to ensure that your family is safe and to slow the spread of the virus. Click on the link above for more information.

### **Family Checklist**

- Find Local Information
- Know the signs and symptoms
- Take steps for those at higher risk
- Protect yourself and family
- Create a household plan
- Stay informed about emergency plans

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## **Services for Nevada Families**

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### [Access Nevada](#)

- Food assistance, medical assistance, and cash assistance

### [Unemployment Services](#)

- Toll Free Claim Center (888) 890-8211
- Southern NV Claim Center (702) 486-0350 Monday - Friday 8am to 8pm
- Northern NV Claim Center (775) 684-0350 Monday – Friday 8am to 8pm
- Southern NV Security Help Desk (702) 486-33293 to help reset usernames or passwords
- Northern NV Security Help Desk (775) 687-6838 to help reset usernames or passwords
- Bank of America (888) 339-8569 for debit card questions.

### [Nevada Family Resource Centers](#)

- Case management, information, and referrals for individuals and families in need of assistance in accessing services

### [Find a Childcare Provider](#)

- Licensed Child Care Facilities in Nevada

### [Nevada Health and Human Services Essential Services](#)

- Information about available DHHS essential services.

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## Back-Up Planning for Parents in Response to COVID-19 Emergency

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Parents may want to have a back-up plan that outlines who can help take care of your children in case you or someone in your family contracts the coronavirus. Review your current plan or create one by reaching out to close friends and relatives that could step in to assist. Plan ways to care for those who might be at greater risk. Identify aid organizations in your community. Create an emergency contact list. You may wish to create or add to your plan guardianship paperwork for your children and family members - many courts have online self-help pages with those documents available. You may wish to visit [The Family Law Self Help Center](#) for more information on guardianships. A local [Nevada pro-bono agency](#) may be able to assist as well.

Absent a plan by the parents, the children would come into child welfare custody and the child welfare agency would execute the following placement preferences: family or fictive kin in the area, foster care nearby, foster care somewhere else in the state, potential ICPC to family or fictive kin out of state. They would remain in the state's care until a court determined they could be returned to the parents or decide that another permanency plan in the best interest of the children.

In the meantime, continue to practice social distancing and "Stay Home for Nevada." Remember it is important to be calm and do everything you can to stay healthy, informed, connected and that we all adhere to the recommended practices that will help to keep us safe, healthy and thriving.

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### Other resources:

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[Report Child Abuse and Neglect in Nevada](#)

[Children's Advocacy Alliance – Coronavirus Resource Center for Families and Students](#)

[COVID-19 Fact Sheet for Grand families and Multigenerational Families](#)

[COVID-19 in Nevada – Data Dashboard](#)

[Centers for Disease Control and Prevention](#)

[World Health Organization](#)



Visit [Nevada Health Response](#) for up to date information about COVID-19 in Nevada